

## Booking Form

Name.....

Address:.....

.....

.....

Tel. No. (please include) .....

Email .....

I would like to make a booking for a Retreat:  
Retreat Name:

.....

Please add me to your mailing list.

Please send me a copy of :

*Give yourself a retreat on Holy Island*

*A Holy Island Prayer Book*

*The Story of Holy Island*

*The Holy Island of Lindisfarne*

*Introducing the Community of Aidan & Hilda*

*Walking the Pilgrim's Way*

(Please make cheques payable to  
St Aidan Press for books)

Please send completed form to:

Open Gate, Marygate, Holy Island,  
Berwick-upon-Tweed, TD15 2SD

## Personal Retreats Menu

There may be an opportunity to meet one to one with a retreat guide but unless this is pre-arranged it cannot be guaranteed.

**An Introductory Holy Island Retreat:** a first session to map out a plan, a final session to reflect back (IHIR)

**Individually Guided Retreat (IGR):** a daily time of listening, sharing and prayer. (approx. 30 mins per day)

**Study:** use our library and internet facility - no charge

**Silence:** we will advise those who wish for extended times of silence. Meals can also be taken on a tray.

**DIY:** order our 'Give Yourself a Holy Island Retreat' at £5.99 inclusive of post and packing (St. Aidan Press)

**Cost:** Suggested donation to the guide £15 per hour. (or may be the amount you earn per hour)

## General Information about Programmed Retreats

Programmed retreats cost £25 per night stayed plus the usual bed and breakfast charge. This additional charge covers the costs of lunch, evening meal and other drinks plus a contribution to the retreat leader(s) costs.

Retreats include biblical and Celtic meditations, times of silence and opportunities to explore the island. Personal sessions available by request.

All the events are in the framework of the Holy Island rhythm with its optional morning and evening services at St Mary's Church and weekday midday and night prayer in the Open Gate Chapel.

Video viewing facilities are provided free in the lounge. No smoking is allowed in the house or on our patio.

## The Open Gate Retreat House



Holy Island, Berwick-upon-Tweed, TD15 2SD  
01289 389222  
opengate@aidanandhilda.org.uk

Registered Charity 1055306

## Retreats Programme 2010

(Cost Excluding B&B rates)

- ◆ February 22nd-26th: Reading Week £100  
Facilitated by Ray Simpson
- ◆ March 15th-19th: Lent Retreat- Ego & the True Self £120  
Led by Ray Simpson
- ◆ March 22nd-26th: Enneagram £180  
Led by Dorothy Neilson
- ◆ March 29th-April 4th: Holy Week Retreat £150
- ◆ April 19th-23rd: leader's Retreat £180  
Led by Jo Pimlott & Graham Booth
- ◆ May 17th-21st: Missional Leadership £180  
Led by Peter Neilson
- ◆ May 31st-June 5th: Saints & Seabirds Retreat £150  
Led by Graham Booth
- ◆ July 19th-24th: God in Nature Holiday Retreat £150  
Led by Graham Booth & Paul Swinhoe
- ◆ August 26th-September 1st: St Aidan's Week £150
- ◆ September 13th-17th: Explorer's Retreat £100
- ◆ October 1st-3rd: Overcoming Depression  
Led by Dorothy Neilson & Ruth Booth £90
- ◆ October 11th-14th: Finding Our Way  
Led by Margaret & Richard Deimel £120
- ◆ October 25th-30th: Autumn Wilderness Retreat  
Led by Graham Booth £150
- ◆ November 8th-12th: Ways of Praying  
Led by Carol Few £100
- ◆ November 29th-December 3rd: Advent Retreat  
Led by Ray Simpson £100

## Accommodation Costs

Accommodation at The Open Gate is limited to one double and two twin rooms and a small cottage that sleeps four in one double and two single rooms.

Open Gate B&B en-suite accommodation  
(Minimum 2 nights stay)

Twin or double room.....£65  
Single occupancy..... £40  
The Cottage..... prices from £250 - £500pw  
(Shorter lets may be negotiated)

For more detailed information about the Open Gate Programme, or to book a stay there, please either:

return the form (on reverse)

or email: [opengate@aidanandhilda.org.uk](mailto:opengate@aidanandhilda.org.uk)

or telephone: 01289 389222

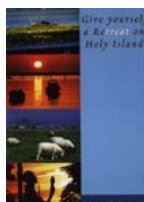
(If the answer phone is on please leave your name and number - we **will** contact you!)

After checking availability please secure your booking by sending a deposit. Recommended level £20 per person per night plus £25 where a 'retreat fee' applies.

(Cheques made payable to 'The Open Gate')

## Useful Literature

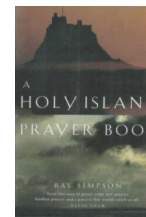
Below are a few choice books related to Retreats and the Community of Aidan and Hilda which you can order from St Aidan Press (form on reverse).



### Give yourself a Retreat on Holy Island

This book enables anyone to plan and enjoy their own retreat on Holy Island. From its 'a la carte' menu the reader may choose places to explore, themes to meditate on, things to do and words to pray.

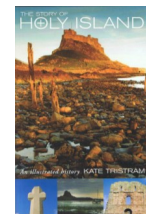
Price £5.99 From St Aidan Press



### A Holy Island Prayer Book

A versatile worship resource or a personal prayer guide inspired by one of the world's most sacred places and drawing on the Island's Celtic heritage, will help to cultivate a simple and natural way of daily prayer using new and familiar prayers and readings for morning, midday and evening prayer over a 5 week cycle.

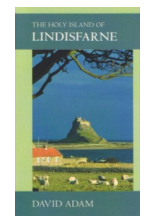
Price £7.99 From St Aidan Press



### The Story of Holy Island

Kate Tristram, a historian and an Island resident, tells the remarkable story of this captivating place and its people from its misty beginnings as part of the mainland in the Stone Age, right up to the present day.

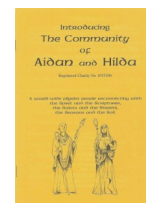
Price £13.99 From St Aidan Press



### The Holy Island of Lindisfarne

In this absorbing volume, David Adam shows the island's human face, revealing how Lindisfarne and its people have responded to trial, tribulation and triumph in the course of a long and vibrant history.

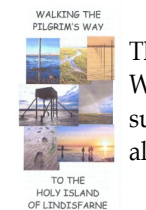
Price £8.99 From St Aidan Press



### Introducing the Community of Aidan and Hilda

An introductory booklet designed to answer your questions about what the Community of Aidan & Hilda is.

£3.50 From St. Aidan Press



### Walking the Pilgrim's Way

This pamphlet is a guide to walking the Pilgrim's Way to Holy Island, with practical tips and suggestions for meditation, thought and prayer along the way.

Price 50p From St Aidan Press

All Prices inclusive of P&P